

Update on UK Sport's Anti-Doping Activities

NEW STRATEGY SEEKS TO SPREAD ANTI-DOPING CULTURE

UK Sport has today launched a long-term strategy for the 'Prevention of Doping in Sport' that seeks to influence attitudes and opinions towards drug-free sport among the sporting community. This will see increased anti-doping education and information targeted towards coaches, GPs and schools, as well as athletes.

FULL STORY

http://www.uk sport.gov.uk/news/new_strategy_seeks_to_spread_anti-doping_culture/

100% ME VIDEO DOWNLOADS

UK Sport has worked with a number of athletes to get exclusive interviews discussing issues of anti-doping in sport. Two recent additions include an interview with Darren Campbell discussing his refusal to do a lap of honour after Britain's 4 x 100m victory at the European Athletics Championships in 2006 as well as insights from the cyclist David Millar on the ramifications of drug taking in sport.

Darren Campbell

<http://www.100percentme.co.uk/1163616329.742/1175182436.140/>

David Millar

<http://www.100percentme.co.uk/1163616329.742/1175182436.140/>

PLAY THE 100% ME CHALLENGE

To be drug-free it is important that you know the rules of anti-doping. How much do you know about anti-doping rules? Do you know which substances are banned? Do you know how to check your medication?

Find out by playing the **NEW 100%ME Challenge Penalty Shootout** and test your knowledge of drug-free sport.

<http://www.100percentme.co.uk/1162485922.541/1163436064.671/1163437123.778/>

USING SUPPLEMENTS: ASSESS THE NEED, ASSESS THE RISK

Athletes are strongly advised to be extremely cautious about the use of any supplements. No guarantee can be given that any particular supplement, including vitamins and minerals, ergogenic aids, and herbal remedies, is free from prohibited substances as these products are not licensed and are not subject to the same strict manufacturing and labelling requirements as licensed medicines.

First published in May 2003 and subsequently updated in April 2004 and April 2007, UK Sport's advisory statement to UK athletes on the use of supplements warns them to be "extremely cautious" about their use. The key message to the athletes: is to assess the need for the supplement, and then to assess the risk that the supplement may contain a prohibited substance.

http://www.uk sport.gov.uk/pages/supplements_position_statement/

DRUG INFORMATION DATABASE

The DID™ provides easily accessible and accurate responses to queries about the status in sport of licensed pharmaceutical and over-the-counter medicinal products available in the UK and Canada. The status of the substances in this database reflects the current World Anti-Doping Agency (WADA) Prohibited List.

<http://www.didglobal.com>